

What is a Playgroup?

Playgroup is for babies and young children and their mums, dads, grandparents and other caregivers. It is unique in that adults attend with their children.

Community, parent-run playgroups have been running across Australia for over 40 years, with thousands happening across the country every week. Families from many different backgrounds and children of all abilities attend playgroup: it's a great way for your child to learn about the world, make friends and develop social skills. It also gives you a chance to share experiences with others on the same parental journey.

Find your friendly playgroup!

Head over to:

www.playgroupaustralia.com.au

[/findaplaygroup](#)

and look for this

PlayTogether symbol →



“Playing is how young children learn. Playing with each other and caring adults is the best, fastest and most lasting way to grow kind, smart and loving human beings. Nothing provides this as well as playgroups.”

Steve Biddulph,
Family Psychologist, Father of the Year and author of
“Raising Boys”.



For information on playgroups and other early intervention services, contact your State or Territory Playgroup Association:

Phone: 1800 171 882 (toll free)

Email: info@playgroupaustralia.com.au

Website: www.playgroupaustralia.com.au

Playgroup Australia is the national body recognised as the leading representative and advocate for playgroups.



PlayTogether

The playgroup community where everyone belongs!



playgroupaustralia.com.au



PlayTogether is a new program run by Playgroup Australia and its member organisations, supporting community playgroups to be more inclusive of all children and families, especially those with additional needs, with a disability or from diverse cultural and linguistic backgrounds.

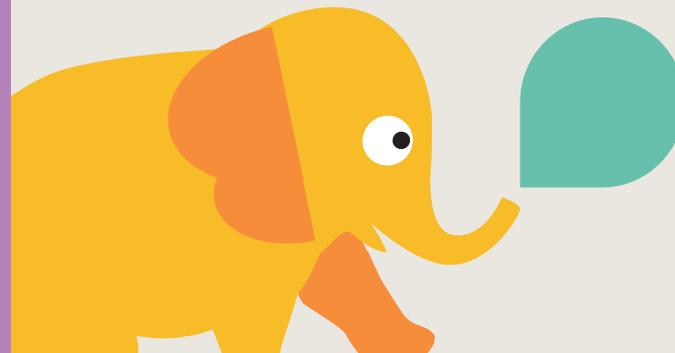
Inclusive

An inclusive approach is one that values all individuals, ensuring everyone feels a sense of belonging and has equal access to all experiences. At playgroup we recognise that all children and families benefit from play, regardless of the background, culture or ability of each individual.

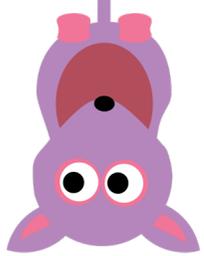
Being “included” at playgroup is more than just being physically present: it is making sure all children and their carers are involved in the playing and the relationships.

PlayTogether coordinators volunteer to receive training on how to adapt playgroup activities and resources to enable every member of the group to participate. Their role is to ensure that no-one feels left out, unwelcome or unable to take part.

Inclusive early childhood experiences benefit all children and families – those with additional needs and those without. At PlayTogether we recognise the strengths and skills of every individual, learning from each other and building relationships to develop a supportive community.



Welcoming & Friendly



All children from 0-4 years and their parents or caregivers will receive a warm and friendly welcome at a PlayTogether playgroup.

Most groups meet weekly during school term time for around two hours. During a playgroup session, carers and children participate in a variety of play activities, organised by volunteer families who attend the group.

Playgroups are located in community facilities through the country, in rural, regional and metropolitan areas. There is a minimal membership charge and then usually a low cost, gold coin weekly fee to cover venue hire etc

If you have wanted to attend a playgroup but were concerned that...

- you come from a different background to other members;
- you speak a different language;
- you or your child has a disability;
- you or your child “just wouldn’t fit in”;

...a PlayTogether playgroup is for you!

Trained coordinators will welcome you and ensure you and your child feel part of the group and can participate in every activity.